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Entertainment

When artists get back at critics
pg 16

Celebrity Buzz

Laughing in the face of adversity
pg 18

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WHAT'S THIS BARCODE FOR?
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Business pg 11

Leap to new iPhone 4

Sports pg 13

B.C. fighter on main UFC card

Food pg 14

Cornish hen with a twist

On the web
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Please recycle

JEFF HODSON/METRO VANCOUVER

RCMP Const. Michael McLaughlin holds a press conference at Capilano Suspension Bridge in North Vancouver yesterday. A 17-year-old boy from California fell to his death on Sunday.

RCMP seeks answers in Capilano Bridge death

Visiting California teen falls 30 metres from viewing platform

JEFF HODSON
jeff.hodson@metronews.ca

The family of a California teen who plummeted to his death at Capilano Suspension Bridge is speaking with police investigators in North Vancouver, RCMP said yesterday.

"It's really hard to say exactly what happened in those moments leading up to the death," said Const. Michael McLaughlin.

"We have to make sure that we look at all the facts, take a deep breath, and see exactly what happened."

The teen, who police have not publicly named, was part of a band trip from a San Francisco-area high school, according to media reports.

Daniel Cho

A Facebook tribute page identifies him as Daniel Cho, a music student from Aragon High School in San Mateo, Calif.

He fell about 30 metres into the canyon from a viewing platform on the west side of the bridge at about 7 p.m. Sunday. The railings at the site of the fall are 1.2 metres high (four feet).

A firefighter quickly rappelled down, but the boy was already dead, said Mark Barton, a West Vancouver assistant fire chief and the incident commander at the scene.

It took an hour and a half to haul the teen's body up from the canyon floor in a basket stretcher, Barton said.

An autopsy was scheduled for this morning. A toxicology report is expected in four to six weeks.

The popular tourist attraction remained open for business yesterday.

Sue Kaffka, vice-president of sales and marketing at the Capilano Suspension Bridge, called the incident a tragedy.

Asked whether she was worried about a possible lawsuit, Kaffka said a lot would depend on the RCMP investigation.

"It's not something we're thinking about today."

Games book cover online a little outdated

MOCKUP People who ordered VANOC's newly published commemorative book of the 2010 Games will be getting a slightly different version than the one they saw online.

At least two of the photos on the book's cover appear to be from the 2006 Torino Games, at least on amazon.ca, chapters.indigo.ca and the website of the book's publisher, Toronto-based Wiley & Sons.

The photos in question include a female athlete displaying her medal, which is on a lanyard that says "Torino 2006," and a woman wearing one of the official toques worn by the Canadian Olympic team in Italy.

Sandra Temple, communications specialist with VANOC, said that cover was a mockup and the wrong image was marketed online.

"The publisher and our partner John Wiley & Sons, Inc. will update the images (today)," Temple said.

The 400-page coffee table book includes 12,000 photos and is available in hard cover for $85.

KRISTEN THOMPSON/
METRO VANCOUVER

IMAGES COURTESY OF VANOC

The widely circulated mockup of the commemorative 2010 book, above, and the new cover sent to Metro, below.

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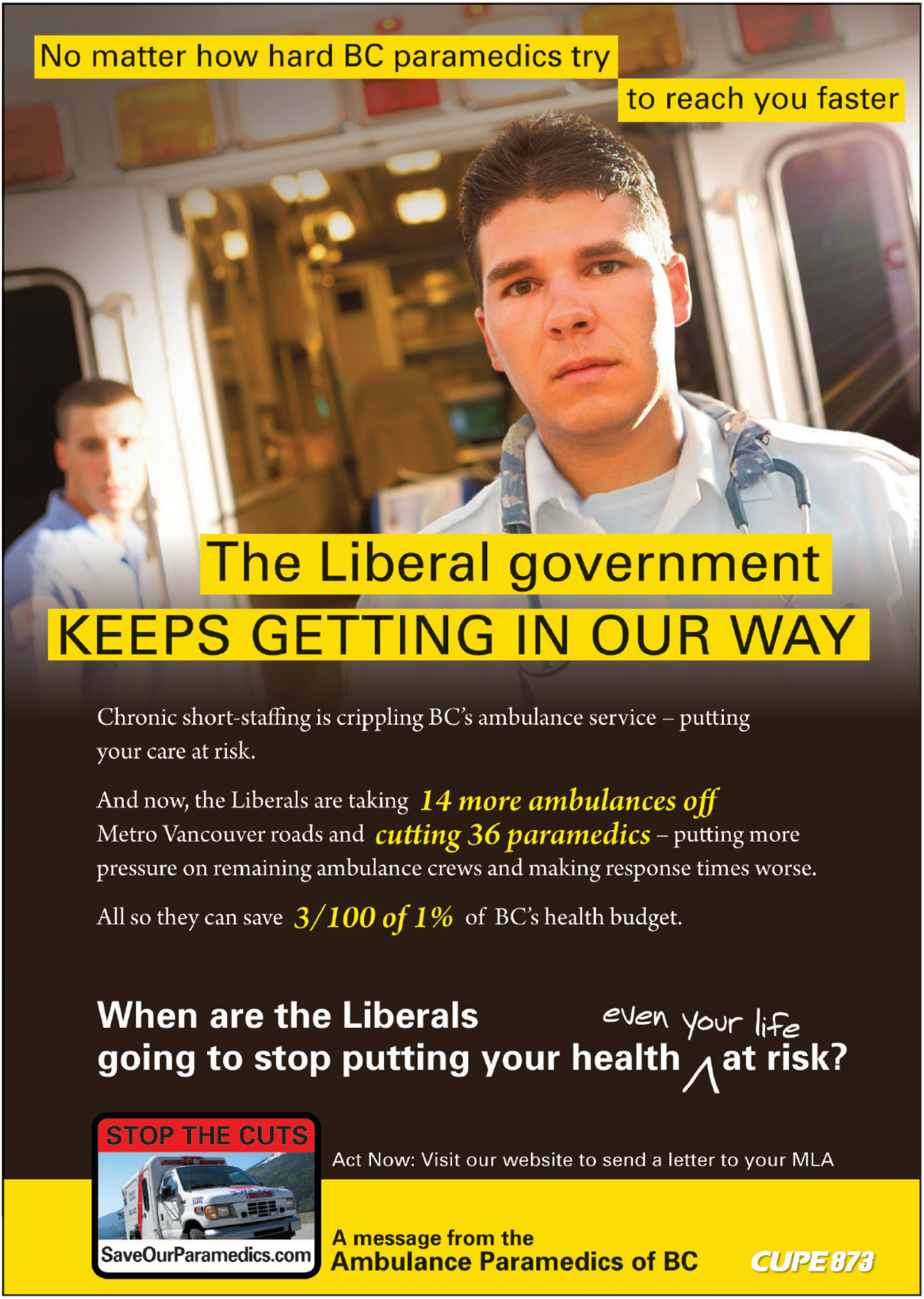
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Local

Backyard coops expected to get OK

Vancouver city council is expected to legalize backyard chicken coops today. It's expected that once the bylaw passes, people will be able to keep up to four hens in cages built to specific dimensions. Roosters and balcony coops will be prohibited.

METRO VANCOUVER

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See the Local page to learn how to scan.

News in brief

KEMBO After nine months of on-again, off-again testimony, the fate of an accused serial killer is now in the hands of a jury. Charles Kembo is accused of killing his wife, a former girlfriend, his stepdaughter and a business partner one at a time between December 2002 and July 2005.

FLIGHTS China Eastern Airlines is expanding its service between Shanghai and Vancouver, announcing permanent daily non-stop flights between the two cities.

WHITECAPS The Vancouver Whitecaps will unveil the brand of their Major League Soccer expansion team this morning. They will also release ticketing information for their inaugural season.

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WHAT'S ONLINE TODAY

Video Toronto dedicates Route of Heroes as a permanent tribute to Canada's slain veterans at
metronews.ca/canada

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DEBORAH STEALE/THE CANADIAN PRESS

Peace activist Kevin Neish speaks about his experience at the Velox Club in Victoria yesterday.

Activist says he hid flotilla raid photos

Images off memory card published by Muslim media

A Canadian activist detained when Israeli soldiers raided a flotilla of ships off the Gaza coast says he smuggled photos of the raid off the ship by hiding his memory card in his underwear and other parts of his body.

Some of Kevin Neish's photos were published yesterday in the Turkish English-language newspaper, Hurriyet, and other media outlets throughout the Muslim world.

"I hid it here, there and everywhere," Neish, who arrived back in Victoria on the weekend, said at a news conference yesterday.

"I hid (the memory card) here, there and everywhere."
Kevin Neish, activist

"In my pocket, in my hand. It was quite a dance. It was in my mouth. It was in my underwear, the cheeks of my ass. It went all over the place."

Official reports say nine people lost their lives last week when the Israelis boarded the Turkish ship Mavi Marmara, part of a flotilla of ships with aid supplies bound for Gaza, which is currently under an Israeli blockade.

Neish said he believes 16 people died in the raid.

Neish said he handed the photo card over to the Turkish aid group, IHH, which offers humanitarian aid to Gaza.

The bloodiest of the photos published by Hurriyet show a bleeding Israeli soldier surrounded by activists. There are no pictures of dead bodies or wounded people.

THE CANADIAN PRESS

Charging HST on massage services unfair: NDP critic

TAX The HST will put an unfair burden on B.C. residents who require massage therapy, including multiple sclerosis patients, says provincial NDP health critic Adrian Dix.

"(The B.C. Liberals) know the tax is an anomaly, but they've handed over control to the federal government, and the federal government policy is wrong," said Dix. He said taxes on essential massage services should be eliminated, not raised.

Massage therapy is currently only covered under the Premium Assistance program of the Medical Service Plan. The average cost of one session in B.C. is $88.

But the Liberals still defend the unpopular tax.

"The HST will help by reducing taxes for employers and will make B.C. more competitive with other jurisdictions," B.C. Liberal party spokesman Chad Pederson said yesterday.

The HST is a value-added tax, meaning it will not be applied at every level of production like the PST, which will save businesses and consumers money, say the Liberals. B.C. will also receive $1.6 billion in "transitional funding" from the federal government once the HST is implemented.

KYLE FARQUHARSON/ FOR METRO VANCOUVER

Rules are rules

- A health profession can't be exempted from federal tax unless it's regulated in at least five provinces. Massage therapists are only regulated in Ontario, Newfoundland and B.C.
- The anti-HST petition has signed up 15 per cent of people in 80 of B.C.'s 85 ridings, well above its goal of 10 per cent.

Legislature raid case could last at least 10 months, judge says

COURT The judge hearing the B.C. legislature raid trial told jurors yesterday that the case against three former government employees could take more than 10 months to wrap up.

It was initially scheduled for six weeks, over allegations that confidential government documents were leaked during the 2003 sale of Crown-owned B.C. Rail.

Justice Anne MacKenzie has instructed the five women and seven men on the jury to think about whether they can commit to that length of time.

The trial began in mid-May, more than six years after the unprecedented search at the B.C. legislature, but has only sat about three days before the jury as lawyers discussed legal matters before the judge alone.

THE CANADIAN PRESS

International basketball hits Lower Mainland courts

Canada Basketball's road to the world championships will go through the Lower Mainland. Canada's senior women's basketball team will host Chile and Sweden in a four-game exhibition series July 17-29 in Richmond and Abbotsford while the men's team will host China on Aug. 10 at GM Place. THE CANADIAN PRESS

Rally set for marine activists

Marchers to show Oceans Day support for whaling protesters

KRISTEN THOMPSON
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Greenpeace is holding a march and rally in the West End this afternoon in honour of Oceans Day and the people who risk imprisonment to protect them.

Activists will march with banners demanding justice for two activists on trial in Japan for protesting that country's controversial whaling program.

They face their final day in court today.

"Oceans Day should be a day to celebrate the diversity of our oceans and join together to protect them for future generations," said Sarah King, Greenpeace oceans campaigner.

"This Oceans Day, not only do our oceans remain under threat but so too do those who seek to protect them."

PHOTO COURTESY OF GREENPEACE

Seven Minke whales await processing on the deck of the Nisshin Maru factory ship, part of the Japanese whaling fleet in the Southern Ocean in this photo dated Dec 21, 2005.

Sunset Beach

- The march begins at 1 p.m. at Sunset Beach and will follow the seawall to English Bay for the rally.

King said the biggest threats facing British Columbia's coastal waters are overfishing, destructive fish farms and the risk of oil spill from projects like the proposed Enbridge pipeline.

"(Those issues) and the sheer lack of adequate action to protect our marine ecosystems all threaten the health of our fragile coast," King said.

"The federal government needs to permanently ban tankers from the coast, take strong action to protect our at-risk species like our resident orcas."

OTTAWA TABLES PLAN TO PROTECT WATERS OF GWAII HAANAS

The federal government yesterday announced plans to expand protection to 3,500 square kilometres of waters and seabed around a national park near Haida Gwaii — formerly the Queen Charlotte Islands.

The islands in Gwaii Haanas National Park have been protected for years but that protection had always stopped at the beach.

Environment Minister Jim Prentice tabled an amendment to formally establish the area as a marine conservation area, which is home to blue whales, endangered Steller sea lions, songbirds and corals.

WITH FILES FROM THE CANADIAN PRESS

Authorities warn of fake eatery inspectors

KRISTEN THOMPSON
kristen.thompson@metronews.ca

SCAM Health authorities are warning restaurant owners in the Lower Mainland to watch out for scammers posing as restaurant inspectors, likely to steal personal information.

According to Vancouver Coastal Health (VCH) and Fraser Health, shops are receiving phone calls from phony health inspectors threatening fines for not scheduling inspections.

"All we know is (the scam) is obviously to circumvent something," said Richard Taki, regional director of Health Protection for VCH. "It's been going on in various provinces."

Taki said Environmental Health Officers don't schedule inspections, which are almost always unannounced.

Tim Shum, regional director of Health Protection for Fraser Health, said unless there's an immediate health hazard, restaurants have a chance to rectify a violation before being ticketed.

"We do not issue a violation ticket to a restaurant operator for failing to schedule an inspection," he added.

Housing demand levelling off

KYLE FARQUHARSON
for Metro Vancouver

REALTY Housing demand is levelling off in B.C. but prices are expected to continue climbing, according to a forecast released yesterday by the British Columbia Real Estate Association (BCREA).

The report suggests the number of homes sold in B.C. will fall off this year by three per cent before rising slightly in 2011.

However, the BCREA said average residential prices will climb six per cent this year before levelling off next year.

"Demand has moderated in the (Vancouver, Victoria and Fraser Valley) markets and a larger inventory of homes for sale has pulled market conditions into balanced territory," said BCREA chief economist Cameron Muir.

He added that the tug-of-war between economic growth and rising mortgage interest rates was responsible for the levelling-off of housing demand.

News in brief

ROADBLOCK BUZZ RCMP seized nearly 50 pounds worth of marijuana — enough to fill three garbage bags — at a roadblock in Chilliwack. Police say they caught a "strong smell" of marijuana wafting from the green mini van.

ROLLOVER A truck driver was airlifted to hospital yesterday after his tractor-trailer rolled over in Delta. The rollover occurred at 12:30 p.m. at the intersection of Highway 91 and Highway 99.

GUN REPORT Surrey Mounties surrounded the Legacy Showroom Clover Inn strip club in Cloverdale yesterday after receiving reports that a man with a gun was inside, CTV reports.

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New child-protection laws on deck for Nfld.

Newfoundland and Labrador is introducing new child-protection legislation that includes sweeping changes and updates to the existing law. The legislation would mean fewer temporary court orders for children in care, faster planning for permanent placements and improved record keeping. THE CANADIAN PRESS

Canada

Upper-crust Canucks get Bilderberg invite

Several Canadians, including B.C. Premier Gordon Campbell, left, and Indigo Books CEO Heather Reisman, were among the delegates invited to the Bilderberg 2010 conference in Spain last weekend. The secretive annual gathering brings together a global who's-who list of people from government, business and banking.

THE CANADIAN PRESS

Health keeps Guergis from testifying

POLITICS An unspecified health concern will keep former junior cabinet minister Helena Guergis from testifying alongside husband Rahim Jaffer at a Commons committee tomorrow.

The two were scheduled to appear at what promised to be a dramatic and unusual meeting of the government operations committee.

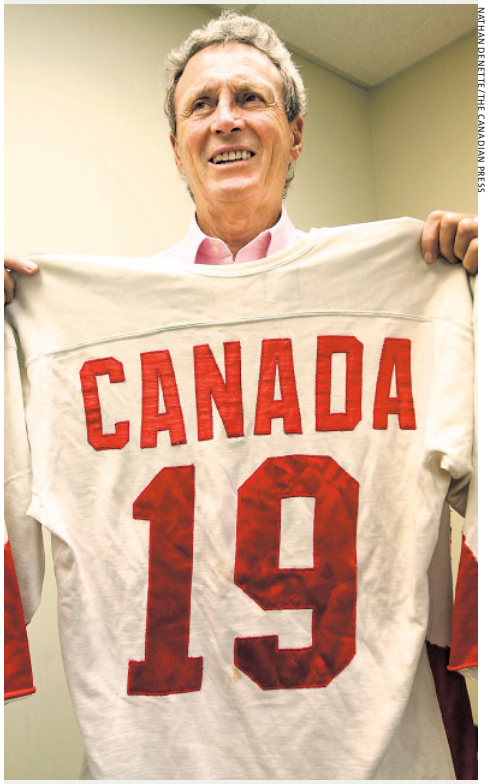
Jaffer, a former Tory MP, is still expected to appear to answer more questions about his alleged illegal lobbying. THE CANADIAN PRESS

Slain soldier remembered

DEATH Lt. Matthew Hoare won't soon forget the battlefield lessons he learned from Sgt. Martin Goudreault.

"The guidance that he gave me personally is something that I will always carry with me," Hoare said of Goudreault, who on Sunday became the latest Canadian soldier to die in Afghanistan when he was killed by the blast of a makeshift bomb. THE CANADIAN PRESS

Henderson jersey **Real deal**



NATHAN DENETTE/THE CANADIAN PRESS

Hockey legend Paul Henderson, 67, holds his original 1972 Canada jersey in his office in Mississauga, Ont., yesterday. Henderson authenticated the jersey to be auctioned off on June 22.

Tories spin Afghan war: Documents

Part 2 in a three-part series on controlled messages

Bottled Messages
Special Report

The Harper government used a pervasive message-control tool to persuade Canadians their foremost purpose in Afghanistan was building schools and fostering democracy rather than waging a war that was turning bloodier by the day.

An investigation by The Canadian Press shows The Conservatives systematically drafted "Message Event Proposals" as part of a quiet campaign to persuade Canadians their country was primarily engaged in development work to rebuild a nation rather than hunting down and killing an emboldened insurgency. The government used MEPs to literally script what it wanted to hear from its top diplomats, aid workers and cabinet ministers in 2007-2008 to divert public attention from the soaring death toll of Canadian soldiers in Afghanistan.

While the message was being massaged in Ottawa, the reconstituted Taliban unleashed a fresh wave of attacks on NATO troops and innocent Kandaharis.

"Desired soundbite: 'Canada's mission in Afghanistan is refocusing its mission towards development, reconstruction and diplomatic efforts,'" says an MEP prepared by the Privy Council Office, the bureaucratic wing that serves the Prime Minister's Office.

The document, among hundreds of MEPs obtained by The Canadian Press under the Access to Information Act, was prepared for a 2008 media tour by Arif Lalani, then the Canadian ambassador to Afghanistan.

Other records show the government went so far as to script an identical set of quotes and talking points for two returning aid workers, who were supposed to be giving separate interviews on their "personal perspective" on progress in Afghanistan.

The government also tried to soft-pedal deployment of the first group of Quebec-based troops in 2007 by giving them a "compassionate" send-off that was designed to "showcase the achievements in development."

A PCO spokeswoman has defended the government's use of MEPs, saying they are a tool for communication. The Prime Minister's Office has declined comment. THE CANADIAN PRESS

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Nature makes artist's climate statement for him by sinking sculptures.

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GG to visit China
Michaëlle Jean is being dispatched to visit China, Prime Minister Harper announced yesterday. The visit is to take place from June 30 to July 5. THE CANADIAN PRESS

Feds to crack down on 'ghost consultants'

Ottawa will replace the current governing body of immigration consultants with a new regulator that has the "respect and support" of its members, says Immigration Minister Jason Kenney.

"The concerns about the status quo (of the existing regulator) have been very clear in terms of accountability," Kenney told the Toronto Star in an exclusive interview on the eve of introducing a new law today to revamp the consultants' regulatory regime.

"We want the regulatory body to be professional, transparent, accountable, focused on enforcement and have the respect and support of legitimate practitioners ... We are going to require they share information on their books and their financial situation."

The former Liberal government established the Canadian Society of Immigration Consultants (CSIC) in 2004 as a self-governing body responsible for the professional development of the consulting industry and as a disciplinary watchdog of the 6,000 consultants practising in Canada at the time.

Jason Kenney

Just 2,000 people joined initially and the number is now down to 1,500.

However, the regulator has been engulfed in controversy since it began, as revealed in a 2007 Star investigative series that exposed how unregistered and unscrupulous consultants continue to take advantage of vulnerable immigration applicants.

"People end up with these false promises of thinking that consultants, registered or with no track record, can get them into Canada," Kenney said. "As the Toronto Star has uncovered in a number of exposés and stories, this is an industry that is operating in some respect like the Wild West. It is time to bring in some real meaningful enforcement and regulations with teeth."

Through the Cracking Down on Crooked Consultants Act, as reported in the Star, Kenney said Ottawa will make it a criminal offence to offer immigration services without being a registered consultant — a scheme to rein in so-called "ghost consultants," who are paid to offer advice, sometimes fraudulent and undelivered. He said the government will issue a "notice of intent" in Friday's Canada Gazette asking interested groups to apply to take over the job of regulating immigration consultants in an attempt to keep a closer watch on the conduct of licensed consultants.

TORSTAR NEWS SERVICE

Toronto **Route of Heroes**

COLIN PERKEL/THE CANADIAN PRESS

A man takes a photo of a new "Route of Heroes" street sign in Toronto yesterday. Toronto Mayor David Miller has announced the Highway of Heroes will now continue through the city as the Route of Heroes, in tribute to Canada's fallen soldiers.

News in brief

HEALTH CARE Doctors who rely on medical isotopes to diagnose cancer and heart ailments say they are "very frustrated" it's taking so long to repair a leaky Canadian nuclear reactor. The Society of Nuclear Medicine took aim at Canada's flagship nuclear company yesterday for the repeated delays in fixing its aging reactor at Chalk River, Ont. "We're very frustrated by the fact that we've been waiting for a year," said Dr. Robert Atcher, the group's past-president. The National Research Universal reactor supplied a third of the world's medical isotopes until Atomic Energy of Canada Ltd. shut it down last May after finding a pinprick-sized radioactive water leak. AECL's best guess is the 53-year-old reactor won't be back up until the end of July — more than a year after it went offline.

THE CANADIAN PRESS

Canada must position itself as a leader: Report

GEOPOLITICS It is great that Canada will host the world at this month's G8 and G20 summits, but the spotlight will be squandered if the federal government does not take steps to reposition as a future global leader, a new report says.

A team of entrepreneurs, philanthropists, environmentalists and journalists worked on the report, to be released today, that urges Canada to grow up or risk being left behind in a rapidly advancing world.

"We need to be better friends with our best friend. And we need to make more friends in a world in which power, wealth and knowledge are accessible to all," said the report's authors, including former Globe and Mail editor Edward Greenspon and Mark Cameron, former director of policy for Prime Minister Stephen Harper.

There are policy suggestions from across the spectrum. They range from no-brainers like cleaning up the emissions and reputation of the Alberta oilsands and doing more business with China and India, two rising economic powers — to those that brush right up against the conventional political wisdom.

The essence of the project is to ensure that Canada's presence on the world stage doesn't end when the summits do.

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Officials: Battle against oil involves 'hundreds of thousands' of patches

The geyser of oil spewing from the sea floor is tapering off day by day, but the sticky mess is spreading across the Gulf of Mexico, defiling wildlife and beaches normally teeming with sunbathers and swimmers. The battle against the oil now involves "hundreds of thousands" of individual patches, officials say. THE ASSOCIATED PRESS

World

Spain battles over bullfighting

Spaniards fighting to save bullfighting won a reprieve yesterday as lawmakers in the Catalonia region decided to hold off on a vote to ban the cultural pillar that opponents consider cruel to animals. A vote in the wealthy region around Barcelona is scheduled for tomorrow and signs were the deadly duel of toreador and beast could be outlawed there.

THE ASSOCIATED PRESS

Gunman brother of former MLBer

FLORIDA A gunman shot and killed his wife outside a Miami-area restaurant where she worked, then targeted women inside and killed three others before committing suicide, police said yesterday.

Police said 38-year-old Gerardo Regalado bypassed at least two men when he fired at the women inside. Three women were hospitalized in critical condition, Det. Eddie Rodriguez said.

"He went straight for the women," Rodriguez said.

Regalado is the half-brother of former New York Yankees pitcher Orlando (El Duque) Hernandez. In a statement, Hernandez's family offered their condolences to the families of the seven women.

THE ASSOCIATED PRESS

7 convicted, 26 years later

But activists call convictions in India gas leak 'travesty of justice'

A court yesterday convicted seven former senior employees of Union Carbide's Indian subsidiary of "death by negligence" for their roles in the 1984 leak of toxic gas that killed an estimated 15,000 people in the world's worst industrial disaster.

Survivors of the Bhopal accident, some of whom gathered in this central Indian city chanting slogans, said the light sentences — two years in prison — are too little given the scale of the damage. On Dec. 3, 1984, a pesticide plant run by Union Carbide leaked about 40 tons of methyl isocyanate into the air, quickly killing about 4,000 people.

PRAKASH HATVALNE/THE ASSOCIATED PRESS

An elderly survivor of the 1984 Bhopal gas leak holds a poster yesterday.

Lingering effects of the poison raised the death toll to about 15,000 over the next few years, according to government estimates. At least 500,000 people were affected, the Indian government says. More than 25 years later, activists say thousands of children are born with brain damage, missing palates and twisted limbs because of their parents' exposure to the gas or water contaminated by it.

The Union Carbide subsidiary's former employees, all Indian nationals and many in their 70s, were sentenced to two years in prison and ordered to pay fines of 100,000 rupees (about $2,200 US) apiece. All were released on bail shortly after the verdict.

Rachna Dhingra, a longtime activist with the Bhopal Group for Information and Action, a rights group that works with survivors, blasted the ruling as "a travesty of justice."

THE ASSOCIATED PRESS

News in brief

BRITAIN Dozens of headless skeletons excavated from a northern English building site appear to be the remains of Roman gladiators, one of whom had bites from a lion, tiger, bear or other large animal, archaeologists said yesterday. Experts said new forensic evidence suggests the bones belong to the professional fighters, who were often killed while entertaining spectators. Most of the skeletons were male and appeared stronger and taller than the average Roman. THE ASSOCIATED PRESS

White House, colleagues denounce Israel comments made by veteran journalist Helen Thomas.

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U.S. military detains soldier

The U.S. Army has arrested a 22-year-old soldier in connection with the leak of a video that shows Apache helicopters gunning down unarmed men in Iraq. THE ASSOCIATED PRESS

Labour strife in China

Factory workers demanding more as economy keeps growing

Out on the pavement the battle lines were drawn: in an awesome show of force, more than 1,000 uniformed, riot and plain-clothes police blocked the factory gate — with a special black-clad unit, armed with clubs, riot shields and a don't-mess-with-us attitude.

Across the street, close to 3,000 sullen looking workers milled about, cursing.

Nearly 5,500 walked off their jobs at the Pingdingshan Cotton Textile Co. here recently, demanding better pay and working conditions.

Suddenly, strikes are surging across China as poorly paid workers — the engine of China's economic miracle — are demanding a bigger share of the enormous wealth the country is earning from its booming export-driven economy.

The strikes — many not reported inside China on orders from the central government — threaten to cripple an economy that has enjoyed double-digit growth for years.

"Today they beat people ... they beat people in plain daylight! They took away eight workers. The more they resisted — the more they beat them!"

Striking worker at Chinese textile plant

The government wants to keep a lid on them.

But on one morning last week, workers appeared to be winning.

"They don't treat us like human beings," shouted one woman.

"They couldn't care less if we lived or died," said another.

A third woman leaned into ever-growing circle of people keen to vent to a visiting journalist. "Today they beat people," she said. "They beat people in plain daylight! They took away eight workers. The more they resisted — the more they beat them!"

It was mid-morning on Jianshe Rd. in normally peaceful Pingdingshan, about 1,000 kilometres south of Beijing, as workers — mostly women — fumed as the strike entered its 19th day.

The standoff in central China was by no means isolated.

Last week much of the country's attention focused on a strike at a Japanese-owned Honda factory in southern China — for which Chinese authorities allowed rare and open reporting. Workers there won a 24 per cent pay hike.

Authorities also allowed reporting on the Taiwanese-owned Foxconn electronic assembly plant, where a scourge of suicides by workers corralled in regimented factories rocked the nation.

Foxconn responded with a 30 per cent wage increase — and announced a further 70 per cent yesterday. TORSTAR NEWS SERVICE

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Comment

‘Robin Hood’ and his merry men ride again

Norm Beach

If you look up Robin Hood on the Net, you might see a movie trailer. Or you might stumble upon a band of merry (and fiendishly creative) men and women who have started a popular movement in Robin Hood’s name aiming to take from the rich and give to the poor. During the lead-up to the G8 and G20 summits they’ve persuaded some powerful people to pay attention.

Although there’s talk of a worldwide Financial Activities Tax (appropriately called FAT) to be paid and used by banks to stave off bankruptcy, the modern Robin Hooders have a better idea. It’s a Financial Transactions Tax (FTT) to help fund services the rest of us need, like transit, health care and environmental protection. Since the money raised would benefit people poorer than the average banker, it’s been dubbed the Robin Hood Tax.

The tax would be set at five cents per $100 of investment. (This is one one-hundredth the rate of the GST.) It would generate, mostly from the wealthy, hundreds of billions of dollars annually. As a Sherwood Forester might put it, the richest lords and ladies of our realm have a lot of loot in their carriages.

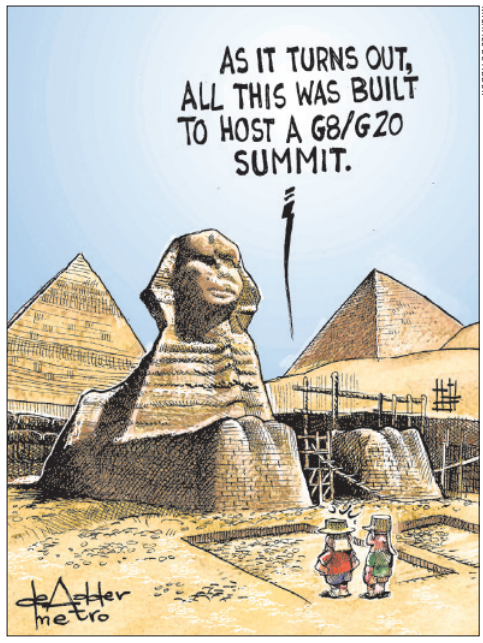
The Robin Hood Tax would not apply to normal day-to-day banking transactions and would have a negligible effect on investments. It’s been endorsed by hundreds of economists, including Nobel laureate Joseph Stiglitz (who calls it one of the great opportunities of our time) and the European Parliament.

Whenever Canadians call for better transit, health care or environmental protection, we’re told there’s no money.

Well, there is money, but the government is looking in the wrong places to find it. Why can’t a guy who buys a piece of a hedge fund afford a nickel on each $100 of investment when the rest of us pay a nickel on the dollar on a piece of pizza?

The middle class shoulders the biggest tax burden, even though others can better afford to pay. You could spend your time moaning that the poor get poorer and the rich richer — or you could go to the Robin Hood Tax website (robinhoodtax.ca), sing along with the cheeky songs, check out the celebrity skits and look at the proposal. Then join a campaign that’s our best hope for fairness in taxation — and a greener planet.

Norm Beach is a writer and teacher.

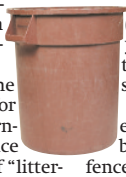


MICHAEL DE ADDER

Noteworthy

Singapore aims to shame litterbugs in new campaign

Singapore, where painting graffiti can get you caned and drug smugglers are hanged, is trying a new tactic against the city-state’s litterbugs: Embarrassing them in front of their neighbours.



After studying the causes of littering for a year, the government boosted police patrols yesterday of “littering hot spots,” added more and larger public trash cans and warned that two or more littering violations could lead to sentences of picking up trash in busy public areas while wearing a bright orange vest.

Singapore has a well-earned reputation for harsh punishments of minor crimes. Vandalism carries a fine of up to 2,000 Singapore dollars ($1,497) or up to three years in jail, in addition to three to eight strokes of a cane.

Along with stricter enforcement of laws by police — litter offences rose to 41,392 last year from 3,819 in 2005 — the government is recruiting volunteer “Litter-free Ambassadors” to scold neighbours who litter and to “adopt a zero-tolerance attitude towards litterbugs.” THE ASSOCIATED PRESS

Worth mentioning

Group makes waves over fake summit lake

The Council of Canadians says the fake lake that G8 organizers are building inside their Toronto media centre deserves a name.

The protest group is applying to the Geographical Names Board of Canada to have the artificial indoor lake named “Harper’s Folly.”

“This lake must have an appropriate name, and who better to name it after than Prime Minister Stephen Harper who approved of this expenditure as well as another $1.1 billion to be spent on three days of meetings,” the group says in its application to the names board.

The lake is part of a $1.9-million display called The Canadian Corridor, meant to expose reporters to what Canada has to offer. It’s supposed to give them the feeling of being in the Huntsville, Ont., area where the G8 summit will be held later this month.

TORSTAR NEWS SERVICE FILE PHOTO

Relaxing by a lake in the Muskokas in Ontario, where the G8 summit will be held later this month

The lakeshore is lined with racks of canoes donated by Muskoka residents, as well as deck chairs and a fake dock that camouflages several recharging stations for BlackBerrys.

On the horizon, a giant screen portrays the real Muskoka, with its lakes, forests and rocky outcrops.

In reality, very few of the thousands of reporters covering the G8 will get close to Muskoka’s cottage country. Only a small pool of about 200 reporters will be allowed to cover the G8 summit in Huntsville, and the rest will have to rely on a broadcast feed of the event fed into the media centre in Toronto.

That’s precisely why the government chose to create a “Northern Ontario Oasis” at the media centre, Industry Minister Tony Clement said Sunday.

The federal Tories have been harshly criticized for budgeting $1.2 billion for security, hospitality and infrastructure to host the G8 summit in Huntsville and G20 summit in Toronto.

Officials stress the $1.9-million cost is split between the federal and provincial governments, and the bill is not just for the lake. It’s also for a replica of the Toronto Stock Exchange, and other presentations that showcase the City of Toronto and tourism in Ontario.

THE CANADIAN PRESS

Quote of the Day

“This is something basically that people took for granted for years ... I guess, partly in a way, we’re learning ... the motherhood type of thing that you don’t put all your eggs in one basket.”

— DR. ROB BEANLANDS, CHIEF OF CARDIAC IMAGING AT THE UNIVERSITY OF OTTAWA HEART INSTITUTE. DOCTORS WHO RELY ON MEDICAL ISOTOPES TO DIAGNOSE AILMENTS SAID YESTERDAY THEY ARE “VERY FRUSTRATED” THAT IT’S TAKING SO LONG TO REPAIR A LEAKY CANADIAN NUCLEAR REACTOR AT CHALK RIVER, ONT. THE CANADIAN PRESS

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Chrysler recalls over half a million vehicles
Chrysler is recalling nearly 600,000 minivans and Jeep Wranglers — including about 44,000 in Canada — because of brake or wiring problems that could create safety issues, the company said yesterday. Chrysler said it isn't aware of any accidents related to either issue. THE CANADIAN PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Tokyo **Now that's a Sharp picture**

YURI KAGEYAMA/THE ASSOCIATED PRESS

Sharp unveiled its "i3 Wall" system yesterday in Tokyo, Japan. The massive screen resembles the ones found at movie theaters, but is actually comprised of 30 liquid crystal displays (60 inches each) mounted next to each other.

Clement solicits telecom feedback

Federal Industry Minister Tony Clement says allowing more foreign investment in Canada's telecom sector would ramp up competition and encourage innovation, which would ultimately benefit consumers.

The minister told an audience at the Canadian Telecom Summit yesterday that he'll push forward with changes to telecom regulations this week, first by opening the process to public and industry comment.

"We will be confirming that we are intending to move ahead with telecom reform when it comes to foreign direct investment and the need of having that reform," Clement said.

"In the next few days I will be releasing a consultation paper on this subject as well and I will be looking forward to hearing your views on this issue. We will have a relatively short but important discussion period commencing with the release of that report in the next few days so we can get the feedback from both the industry and Canadian consumers."

Have your say

- Industry Canada has set up a website to gather comment about its plans to allow more foreign investment in the telecom sector. The address is **www.DigitalEconomy.gc.ca**

Clement said he wants large carriers like Rogers and Bell to have access to foreign capital while also providing the means for new entrants and smaller players to meet their capital needs.

The established carriers have called for the regulations to be opened up for every company, no matter their size, while several new entrants want foreign capital open to only companies with less than 10 per cent of the market share.

The minister's speech came as Canada's wireless sector begins to see more competition from some new smaller players such as Mobilicity and Public Mobile. THE CANADIAN PRESS

Jobs touts iPhone 4

TECH Apple CEO Steve Jobs says the next iPhone will have a higher-resolution screen, longer battery life and thinner design.

Jobs opened Apple's annual conference for software developers yesterday by revealing the new iPhone 4, which is due to be released June 24 in the U.S., and "by the end of July" in Canada. It will cost $199 US or $299 US, depending on the capacity.

Steve Jobs

It is less than 10 millimetres thick, while the previous iPhone, released last year, was about 12 millimetres. It has a higher-resolution screen and a front-facing camera, which could be used for videoconferencing. It can shoot high-definition video, catching up to some other smartphones.

Jobs called it "the biggest leap since the original iPhone."

The new phone will run the latest version of Apple's mobile software, now called iOS4, which Apple unveiled in April to offer such new features as the ability to operate more than one program at a time. Older iPhones will be able to get iOS4 as a download June 21.

THE ASSOCIATED PRESS

Germany set for big cuts

SAVINGS Germany will cut welfare benefits, introduce new taxes and shed government jobs to save as much as 80 billion euros ($96 billion US) through 2014 and set an example to the rest of Europe, Chancellor Angela Merkel said yesterday.

While Germany's finances are in a better state than those of many others in the 16-nation eurozone, its budget deficit is still above the maximum allowed by European Union rules.

THE ASSOCIATED PRESS

Business in brief

AIRLINES The global airline industry should swing back to profitability in 2010 after several difficult years as growth in Asia and North America offsets weaker demand in Europe, a leading international air transport group said yesterday. Profits are expected to reach $2.5 billion US, the International Air Transport Association said.

THE ASSOCIATED PRESS

Governments weigh stimulus versus restraint as economists warn of possible economic disaster.
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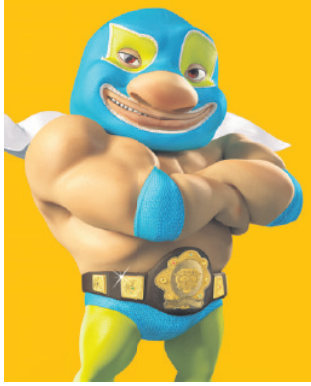

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Your Money

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

AlisonOnMoney

Alison Griffiths
griffiths.alison@gmail.com

Get set for higher interest rates

Last week the Bank of Canada increased the overnight rate, the rate at which it lends to other institutions, by one-quarter of a point to 0.5 per cent. No biggie — yet. If you have a fixed rate five-year mortgage, as most Canadians do, nothing will change until the term expires.

And if your term is expiring soon you may actually see a slight decline as five-year fixed rate mortgages don't move in lockstep with the bank rate, rather they are more affected by what goes on in the bond market. Last week many banks actually shaved a fraction off their five-year rates.

Over the next couple of years, rates may climb by as much as two per cent and will likely rise by three-fourths of a per cent by year end — assuming European debt problems don't worsen, no major wars break out and the United States isn't visited by Subprime Mortgage Mess — Part 2.

If you have a fixed rate mortgage coming due within the next few years, play around with a number of scenarios and see how they fit with your finances.

Alison's Money Rule

- Don't panic about mortgage rate increases yet, but start preparing for higher rates to come.

For example, a one per cent increase in a $200,000 mortgage at five per cent will cost an additional $116 monthly.

Things get more interesting with variable rates. Though these mortgages do move in lockstep with bank prime, you may not see an increase because lenders typically build in a buffer so when rates go up you don't have to pay more right away.

However, if your payments don't rise, you are still losing out because your amortization — the length of time to pay off your mortgage — lengthens.

For instance, if your rate goes to 3.5 per cent from 3.25 per cent on a $200,000 mortgage and your payments don't change, $26.21 less will be applied to your principal monthly.

If you have a variable rate, ask your lender at what point you will be forced to increase your payments or increase them voluntarily to keep to the same amortization.

Alison Griffiths' show Maxed Out appears Wednesday nights at 10:30 p.m. alisongriffiths.ca

Secret the taxman just won't tell you

Want to know a secret? There's another tax-free way to save for retirement that the taxman doesn't really want you to know. It's called universal life insurance, a special financial security portfolio that gives you life and health insurance coverage and a tax-deferred saving component.

David Quinton, regional sales manager of individual insurance with Desjardins Financial Security explains:

What makes this product special? It's attractive because it allows you to reduce your tax burden by moving some of your taxable money and sheltering it within the universal life policy. It is very flexible and totally conforms to your needs because you can add or remove features and increase or decrease premiums at any time.

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How does this product shield me from paying taxes? Basically, the taxes are deferred. Let's do a comparison. During your retirement, if you were to withdraw from your RRSP, you are required to pay tax at source. However, withdrawals from a universal policy are taxed differently. If you take out money, you could end up not paying any tax at all depending on how you arrange your withdrawals. If you assigned beneficiaries to your RRSP account, your beneficiaries would not receive the full RRSP amount because it would be taxed at source. However, beneficiaries would receive the entire insurance payout tax-free.

NEWS CANADA

long days of glorified data entry / cups of coffee = SUM [sugar+cream] *expanding waistline + small pay cheque / huge mortgage = time to get a CMA

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MoneyMatters

Henry Choo Chong
metronews.ca/moneymatters

Shared custody parents share benefits, too

Q My ex-husband and I have shared custody of our children. We agreed that I would receive the GST and Child Tax Benefit. Will I receive less money next year?

— Jackie

A Starting July 2011, payments such as GST, Child Tax Benefit and Universal Child Care Benefit will be affected by new legislation.

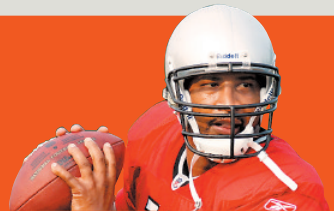
Both parents would qualify to receive payments on a six-month rotational basis. Canada Revenue Agency's position is that both parents that share custody and responsibility for a child should also share the benefits.

A shared-custody parent who wishes to receive benefits must complete form RC66 with a letter detailing the custody arrangements.

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca

Brewers release Suppan
The Milwaukee Brewers released struggling pitcher Jeff Suppan yesterday during the final year of what was the richest contract in team history when he signed it. The Brewers signed Suppan to a $42-million US, four-year deal before the 2007 season, but he never pitched as strongly as he did in his three previous seasons in St. Louis. THE ASSOCIATED PRESS

Sports



Culpepper gets new start

Quarterback Daunte Culpepper is still playing professional football, albeit in the United Football League. Culpepper, 33, who made five starts and appeared in eight games last season for the Detroit Lions, has signed with the Sacramento Mountain Lions. Culpepper will be reunited with his former Minnesota Vikings coach Dennis Green when the season begins this fall. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Sports in brief

NHL Gary Bettman seems more open than ever to bringing NHL franchises back to Winnipeg and Quebec City. The NHL commissioner has been open about the league's interest in the two cities recently. He says it has more to do with the economics of the sport than a change in his point of view. "I think people tend to rewrite history," Bettman said Sunday.

HOCKEY Dave Cameron will coach Canada's next junior men's hockey team. Hockey Canada announced yesterday the Mississauga St. Michael's Majors head coach has been given the job of trying to reclaim the gold medal for Canada at the world junior hockey championship in Buffalo, N.Y.

KHL Veteran goaltender Dominik Hasek has signed a one-year deal with Spartak Moscow to play in the nascent Kontinental Hockey League. Hasek, who played 16 seasons in the NHL, signed with Spartak in Moscow yesterday.

MLB The Washington Nationals selected junior college slugger Bryce Harper with the No. 1 overall pick in the baseball draft last night. Harper, a 17-year-old with prodigious power from the College of Southern Nevada, is one of the most-hyped players in draft history because of his eye-popping talent at the plate. METRO NEWS SERVICES

SCOREBOARD

BASEBALL

YESTERDAY'S AL RESULTS
Boston 4 Cleveland 1
Seattle 4 Texas 2
L.A. Angels 4 Oakland 2

YESTERDAY'S NL RESULTS
Chicago Cubs 6 Pittsburgh 1
San Diego 3 Philadelphia 1
San Francisco 6 Cincinnati 5
Colorado 5 Houston 1
Arizona 7 Atlanta 4
L.A. Dodgers 12 St. Louis 4

NBA PLAYOFFS

TODAY'S GAME
L.A. Lakers at Boston, 7 p.m.

Kelowna fighter keeps cool

With just one UFC fight under his belt, 20-year-old Canadian Rory (The Water Boy) MacDonald find himself on the main card, in his home province, before a sellout crowd, against former World Extreme Cagefighting champion Carlos (Natural Born Killer) Condit.

How's that for pressure?

No problem, according to MacDonald (10-0), who is relishing Saturday's challenge as the UFC makes its first foray into Vancouver.

At six foot two, Condit is a tall, experienced welterweight who has won 24 of his 29 fights. The 26-year-old made his pro debut back in September 2002, when MacDonald was 13.

But the kid from Kelowna likes the matchup.

"We took the fight right away," MacDonald said. "I knew it would be a good matchup for me. I wasn't expecting it but it was a nice surprise."

UFC HANDOUT/THE CANADIAN PRESS

Canadian welterweight Rory MacDonald throws a punch at Mike Guymon in their Jan. 11 fight.

"There's no worries there," he added. "I know where I'm at skill-wise and experience(-wise). I feel like this is the right time in my career to fight a guy like this."

Veteran middleweight David (The Crow) Loiseau, who is also on the GM Place card, has trained with MacDonald and says he has every reason to be confident.

"I see the future of this sport in Rory MacDonald," Loiseau said.

MacDonald spent time at the beginning of camp in Montreal with Loiseau and UFC welterweight champion Georges St-Pierre, among others.

"He's amazing," said St-Pierre. "He's the new big thing, I'm pretty sure. Watch that name. He's going to go far."

THE CANADIAN PRESS

'Toughest game' stands between Hawks and Cup

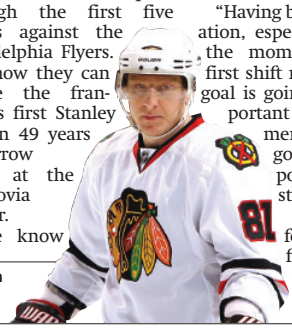
NHL Marian Hossa knows better than most that no lead is safe in the Stanley Cup finals.

The Chicago Blackhawks forward, in the championship round for a third straight season, finds himself in a familiar situation.

With Detroit a year ago, he was part of a team that won the first two games at home, then lost the next two in Pittsburgh. The Red Wings prevailed in Game 5 back on home ice for a 3-2 lead before dropping the final two games as the Penguins captured the Cup.

The Blackhawks have followed that exact path through the first five games against the Philadelphia Flyers. And now they can secure the franchise's first Stanley Cup in 49 years tomorrow night at the Wachovia Center.

"We know it's going to be the toughest game to close it," said Hossa.



Marian Hossa

"Having been in that situation, especially last year, the momentum in the first shift next game, first goal is going to be so important to get the momentum ... That's going to be so important for us to start really well."

After going 1-for-9 in the first four games of the series, the Blackhawks converted twice on four chances with the man advantage in Sunday's 7-4 win over the Flyers.

"We just settled down and played our game and that's a big factor, just even with the even strength, we came out ready to go, controlling the puck a little better," said Dustin Byfuglien. "That led into the power play with guys just settling down, confidence and just playing.

"That's something we needed to do."

THE ASSOCIATED PRESS

History haunts Lakers as they head to Boston

NBA Chin resting in his hand, mouth barely moving as he spoke, Kobe Bryant had the look of someone who would have rather been anywhere but the Staples Center.

The next few nights might make him long to be back home.

The NBA's best rivalry is returning to its East Coast headquarters, site of perhaps the most miserable moment of Bryant's career last time he and the Los Angeles Lakers were here for the finals.

Kobe Bryant

And the Boston Celtics and their green-clad fans can't wait to welcome him back.

"I feel good going back to the jungle," Celtics forward Kevin Garnett said Sunday.

Those familiar "Beat L.A.! Beat L.A.!" chants that have echoed through the Garden during so many springtimes will be booming again, and the Celtics can lock up an 18th NBA title if they can do just that three times.

Game 2 is tonight, followed by games Thursday and Sunday in Boston.

The Celtics evened the series at one game apiece with their 103-94 victory in Game 2, with guards Rajon Rondo and Ray Allen taking turns punishing the Lakers, and Bryant often powerless to stop them because of foul trouble.

THE ASSOCIATED PRESS

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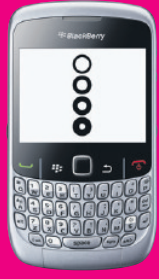

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Sweeten your summer

Simple syrups are an often overlooked — but as the name suggests, incredibly easy — way of adding sweet panache to a wide variety of drinks. And summer's demand for tall and cool beverages is an excellent excuse to get acquainted with them. THE ASSOCIATED PRESS

Food

Macaron madness

Watch out, cupcake! The macaron is angling to be the new darling of the pastry world. The dessert comes from France and consists of just a few ingredients, mainly egg white, ground almonds and sugar. They're often also called macaroons, which is confusing because a macaroon more commonly is a coconut-based sweet. A proper macaron consists of two rounds of meringue cookies sandwiched together with filling. THE ASSOCIATED PRESS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Canadian Living magazine is on sale now!

Canadian Living recipe of the month

Hens with a Mediterranean twist

Lemon Pepper Cornish Hens

PREP: 10 MINUTES
STAND: 2 HOURS
COOK: 25 MINUTES
MAKES: 4 SERVINGS

INGREDIENTS:

- 2 large Cornish hens (about 1½ lb/ 750 g each)
- 1½ tsp (7 mL) grated lemon rind
- ¼ cup (60 mL) lemon juice
- 3 cloves garlic, pressed
- 1 Tbsp (15 mL) black pepper
- 2 tsp (10 mL) packed brown sugar
- 2 tsp (10 mL) grated fresh ginger
- 1½ tsp (7 mL) dried oregano, crumbled
- 1 tsp / 5 mL salt
- ½ tsp / 2 mL ground cumin
- ¼ tsp / 1 mL ground cloves
- Extra-virgin olive oil

METHOD:

Using kitchen shears, cut hens down each side of backbone; remove bone (save for stockpot). Snip through breastbone to separate each hen into halves. Mix together lemon rind and juice, garlic, pepper, sugar, ginger, oregano, salt, cumin and cloves; add hens, turning to coat. Marinate, refrigerated, for 2 hours or up to 1 day. Bring to room temperature.

PHOTOGRAPHY BY FELIX WEDGWOOD

Lemon Pepper Cornish Hens.

Brush hens lightly with oil; grill, covered and bone side down, over medium heat, turning and basting with more oil, until juices run clear when thickest part of thigh is pierced and skin is crisp, 25 to 30 minutes.

Tofu Sesame Noodles

PREP: 10 MINUTES
COOK: 10 MINUTES
MAKES: 4 SERVINGS

INGREDIENTS:

- 8 oz (250 g) linguine
- 1 tsp (5 mL) sesame oil
- 1 cup (250 mL) julienned carrot
- 1 cup (250 mL) frozen shelled edamame (soy beans)
- 8 oz (250 g) fresh spinach
- 1 cup (250 mL) julienned English cucumber
- Fried tofu cubes (see directions below)
- Coriander leaves

Sesame Sauce:

- ⅓ cup (75 mL) tahini
- 3 Tbsp (45 mL) hot water
- 2 Tbsp (30 mL) balsamic vinegar
- 2 Tbsp (30 mL) soy sauce
- 1 Tbsp (15 mL) rice vinegar
- 1 Tbsp (15 mL) sesame oil
- 1½ tsp (7 mL) granulated sugar
- 1 large clove garlic, minced
- Pinch salt

PHOTOGRAPHY BY YVONNE DUIVENVOORDEN

Tofu Sesame Noodles.

METHOD:

Fried tofu cubes: Cut 8 oz (250 g) firm tofu into 1-inch (2.5 cm) cubes; toss with 2 tbsp (30 mL) cornstarch. Fry in 1 Tbsp (15 mL) vegetable oil until golden

Sesame Sauce: In bowl, combine tahini, hot water, balsamic vinegar, soy sauce, rice vinegar, sesame oil and sugar until smooth. Finely mince garlic with salt to make paste; stir into sauce.

In large pot of boiling salted water, cook linguine according to package directions. Drain and chill under cold water; drain well. Toss with sesame oil; divide among 4 shallow noodle bowls.

Meanwhile, in small saucepan of boiling water, blanch carrot until tender-firm, about 1 minute. Remove with slotted spoon and chill under cold water; drain and pat dry. Repeat with edamame. Repeat with spinach; coarsely chop spinach.

Arrange carrot, edamame, spinach, cucumber and tofu in piles around noodles. Serve with sauce. Garnish with coriander.

online

For more recipes, visit canadianliving.com

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Cheers to FIFA!

The ads say it's the most popular sport in the world. (No, not stalking people on Facebook). I'm talking about soccer. True or not, with the FIFA World Cup starting this week fans of every other game will have to get use to hearing about it.

What's cool booze wise is that the host country is South Africa: A wine producer whose liquid personality could use some time in the spotlight.

You can toast your favourite team here at home with a glass filled with one of the official limited edition FIFA wines being made by South Africa's Distell.

Rich, with full on gooseberry aromas and classy citrusy flavours; the **2009 Nederburg Twenty 10 World Cup Sauvignon Blanc** ($14.99 - $16.99) is a winner with chicken or white fish; while the **2007 Nederburg Twenty 10 World Cup Cabernet Sauvignon** ($14.99 - $16.99) scores with a meat-friendly blend of smoky blackberry, coffee and wood.

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variety the children's charity

Lung cancer drug showing success
Doctors are reporting unusually high success rates from early tests of an experimental lung cancer drug. The drug, called crizotinib, is made by Pfizer Inc. It targets a gene that is found in about 10,000 people a year in the United States alone. THE ASSOCIATED PRESS

Health & Beauty

So fresh, so clean

How to get the most out of your morning shave

DEAN LISK
dean.lisk@metronews.ca

Nicks, redness and — especially in that pre-morning coffee stupor — cuts can all be the facial landmines of an improper shave.

"Shaving can be a real problem," says Rick Ricci, who owns Toronto's Truefitt and Hill, a barbershop in the city's financial district where many of his customers are CEOs, stockbrokers and lawyers.

"Shaving is a dinosaur, so we brought it to a new level," he says. "I don't see a lot of bad shaves here, but I think there are a lot of shavers who irritate the skin, and scrape along the skin so they break out and have full irritation."

In the business for nearly 30 years, he knows how to prevent facial butchering; that red, raw and irritated skin you can get after a bad or rushed shave.

"(Schick) did a Canadian survey, and one of the biggest turnoffs for women is skin irritation," Ricci said, referring to a poll done by the shaving company.

Schick recently released the HYDRO 5 — a five-blade razor with a hydrating gel reservoir to help reduce irritation — which Ricci is helping to promote. The company is not alone in trying to get a cut of the male grooming industry, with Gillette recently releasing the ProGlide: A five-blade razor with a precision trimmer and microcomb to guide stubble.

RICK EGLINTON/TORSTAR NEWS SERVICE

Rick Ricci of Truefitt and Hill shaves a client using the new Schick razor that Ricci is endorsing.

While pulling the skin to ensure a smooth surface, and shaving with — and not against — the hair are among Ricci's shaving essentials, here are a few of his other tips:

OPEN THE PORES

If you want to get a close shave, you need to open your skin's pores so, "You can get right down there into the root of that hair," says Ricci. If you don't shave in the shower, apply a wet, hot cloth to the face before starting, and use a good shaving cream to help keep your skin moisturized.

AVOID BLADE FATIGUE:

"Know when to throw your blade out," he says. "If you are trying to get seven, eight, nine shaves out of one blade; throw it out." Different beards can dull a blade faster then others, depending on thickness, he adds.

MOISTURIZE

Keep your skin moisturized during and after you shave to avoid irritation and redness. "Your face is going to feel great," Ricci says. "There is no reason for not having a good shave."

Products

Now that the stubble has been removed, it's time to ensure your skin has a healthy, fresh appearance. Here are five picks to help keep you looking your best:

- L'Oreal Hydra Sensitive Cleanser: This soothing skin cleanser is soap and alcohol free, and helps to prevent redness and pulling. lorealparis.ca

- Dove Men+Care Extra Fresh Body and Face Bar: Not your usually soap, it contains ¼ moisturizing cream to help fight dryness. dovemencare.com

- Clarins Men Revitalizing Gel: Used daily, this gel helps to revitalize and smooth the feel of your skin. clarins-men.com

- L'Oreal Hydra Energetic Ice Cold Eye Roller: Applied under the eyes, this roll on helps to reduce the dark of dark circles and bags, giving you a wide-awake look. lorealparis.ca

- Biotherm Homme Aquapower: Non-greasy, this gel helps to reinforce skin, keeping your face moisturized and feeling soothed. biothermhomme.ca

Jeter wins on and off the baseball field

JANINE FALCON
for Metro Canada

So you're the captain and shortstop of a legendary baseball team, five-time World Series championship winner, four-time Gold Glove Award winner, and 2009's Sports Illustrated Sportsman of the Year. What are your top-five grooming essentials when you're out on the road?

Derek Jeter

"I'm pretty simple," laughs Derek Jeter in a phone interview with Metro just before a game against the Blue Jays last Friday. He pauses for a moment or two. Despite being a high-profile spokesperson for Gillette, he's not jumping straight into brand messaging for his answer.

"A razor. Toothbrush. Deodorant."

Clearly, grooming is not top of mind in the hours before the Yankees' first game of the season in Toronto.

But we do arrive at a few, including toothbrush and deodorant, and it starts with a Gillette Fusion ProGlide razor, newly upgraded to make shaving more comfortable. For Jeter, though, sensitive skin was never the issue.

"In the earlier days there was more cutting myself (shaving)," Jeter admits, and good-naturedly declines to speculate on when he might last have done such a thing. "I don't want to jinx myself. "

Adults with Type-2 Diabetes

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Coleman relationship was 'golden'

Gary Coleman's ex-wife calls their relationship "golden." In an interview aired on Monday's Good Morning America, Shannon Price says she had ordered that Coleman be taken off of life support on the advice of his doctors. THE ASSOCIATED PRESS

Entertainment

Fire alarm

Police say a tour bus being used by the pop singer Pink caught fire on its way from Munich to Berlin, but there were no injuries.
THE ASSOCIATED PRESS

EDITOR: DEAN.LISK@METRONEWS.CA

Critical condition

When artists choose to fight back against their critics

M.I.A. is feuding with New York Times writer Lynn Hirshberg.

TheAudioFiles

Bryan Borzykowski
metronews.ca/music

Somewhere in the world a journalist is talking to a musician. It happens every single day. Those interviews will end up in papers or magazines, they may be read by fans or the publication's readers, but the next day the story is usually old news.

At least that's how it usually works. It's rare that a band responds to something written about them — it's even more uncommon for an aggrieved artist to start an all out feud with a writer. But it happens, most recently when Maya Arulpragasam, a.k.a. M.I.A. became so enraged with a New York Times profile on her that she tweeted the journalist's phone number and then wrote a song called Haters, blasting reporters.

Whatever you think of M.I.A.'s revenge tactics or NYT's writer Lynn Hirshberg's less-than-flattering article, this isn't the first and won't be the last fight between musicians and the journalists who cover them. In fact, there have been plenty of fights that have been just as memorable. Here are three of the best:

K-os vs. Jason Richards

Canadians are generally a mild mannered bunch, but not Toronto rapper k-os. In 2006, ex-NOW writer Jason Richards (he currently contributes to Metro) said that the various collaborations with pop artists on his disc Atlantis: Hymns For Disco enforces some people's opinion that he's "a crossover pop artist disguised as a true-school b-boy."

The three star review was actually fairly positive, but k-os didn't see it that way. In a MySpace post the rapper said Richards, who is also Trinidadian, was "being manipulated by his indie rock nerd bosses," claimed the paper had a personal agenda, and then told Richards to eat a dick.

Ryan Adams vs. Jim DeRogatis

When a surly music scribe disses a surly musician you know fireworks will ensure.

In 2003, former Chicago Sun-Times writer Jim DeRogatis wrote a negative review of a Ryan Adams gig calling him a "spiky-haired alternative-country poseur," and that he "can't write one song as original or as heartfelt as anything by Jeff Tweedy."

When Adams got wind of the review he decided to call DeRogatis and leave him an expletive-filled voice message. "F— you, you a—hole, I'm so sick of it," he says. "You have a problem with me… you write about me every chance you get." No word on if they made up.

Courtney Love vs. Belissa Cohen

Most musician/journalist feuds play out in the press, but not when Courtney Love is involved. In 1998 journalist Belissa Cohen sued the Hole singer, claiming she was attacked by the grunge gal at a fashion show after the journalist tried to take her picture.

Cohen said that the Hole singer kicked her in the groin, punched her in the face and pulled her hair. Love's publicist responded that Cohen was "an out-of-control paparazzo." The two settled out of court.

Bryan Borzykowski is a business and entertainment writer. Follow Metro Music on Twitter @TheMetroMusic

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 6/8/10	251	308	3 CBC	22 Minutes	Laughs	Rick Mercer	Just/Laughs	Comedy Fest.	Comedy Fest.	CBC News: The National		The Hour
	254	-	8 OMNI	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		Omni News: Punjabi Edition		Law & Order: Criminal Intent		News
	250	321	9 CTV	etalk (CC)	Access H.	CSI: Crime Scene Invstgtn.		Criminal Minds (CC)		Law & Order "Blackmail"		CTV News
	-	-	10 JOY	Frasier (CC)	The Insider	Islam 101 (CC)		Enigma "Masonic Leaders"		P3	Diya (CC)	New Day
	252	336	11 GTV	Entertainment	ET Canada	NCIS Citywide blackout. (CC)		Glee "Journey" (CC)		The Good Wife "Home"		News
	256	389	12 VI	Canada's Worst Driver (CC)		Raising the Bar A new judge.		Drumline ★★★ (2002) Nick Cannon, Zoe Saldana. (CC)				A News (N)
	253	359	13 CITY	The Office	The Office	Hell's Kitchen		America's Got Talent (N)		Curb-Enthsm	Curb-Enthsm	EP Daily
	-	-	14 CW	The Office	The Office	90210 (CC)		Life Unexpected (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	NCIS Citywide blackout. (CC)		NCIS: Los Angeles "LD50"		The Good Wife "Home"		KIRO 7 News
	287	379	16 NBC	Evening Mag.	Inside Edition	Losing It With Jillian "Jones"		America's Got Talent (N)		Law & Order "Blackmail"		KING 5 News
	602	568	19 W	Kim	How Clean	Style by Jury	Beauty Call	Beauty Call	Style by Jury	Rivals ★ (2000) Jennifer Finnigan, Rel Hunt.		
	288	380	21 ABC	NBA Basketball: Finals, Game 3			Jimmy Kimmel	Wheel Fortune	Jeopardy! (N)	KOMO Problem Solvers		KOMO 4 News
	-	-	28 KVOS	M*A*S*H	M*A*S*H	The Beautician and the Beast ★★ (1997) Fran Drescher.				Seinfeld	King	Cold Case
	291	383	27 PBS	Echoes of Creation		Cascadia: The Hidden Fire			Fire Down Below ★★★ (1957, Drama)			Moody
	290	382	23 FOX	Two/Half Men	Two/Half Men	Hell's Kitchen (N) (PA) (CC)		(8:59) Glee "Journey" (CC)		Q13 FOX News at Ten (N)		Family Guy
	-	364	48 PBS	Ed Sullivan's Rock and Roll Classics: The 60s (CC)				Ed Sullivan's Rock and Roll Classics: The 60s (CC)				Rock and Roll
	296	654	34 SBK	Frasier (CC)	Frasier (CC)	The Office	Name Is Earl	South Park	Half & Half	Paid Program	Street Court	Cold Case
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	295	651	55 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Friends (CC)	Friends (CC)	Maury (CC)	
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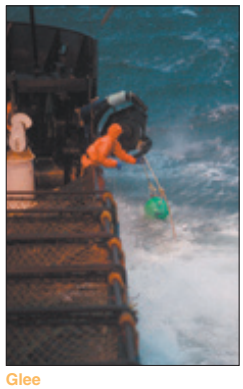
	199	311	76 STR	CTV News	NTV Latenight News		Late Show W/Letterman		Late Late Show/Ferguson		Inside Edition	Seinfeld
news	502	390	29 NW	CBC News: The National (N)		CBC News: The National (N)		CBC News: The National (N)		CBC News: the fifth estate		National
	500	500	33 CNN	Anderson Cooper 360 (N) (CC)				Larry King Live		Anderson Cooper 360		Cooper 360
sports	407	419	22 RSP	Sportsnet	MLB Baseball Los Angeles Angels of Anaheim at Oakland Athletics.					Sportsnet Connected		Sportsnet
	400	400	30 TSN	NBA Basketball: Finals, Game 3 -- Lakers at Celtics				SportsCentre	Motoring 2010	E:60 (CC)		SportsCentre
	411	457	49 OLN	UFO Hunters "UFO Vortexes"		Destination Truth (CC)		Operate-Repo	Operate-Repo	Ghost Hunters "Club Dead"		UFO Hunters
	410	403	54 SCR	Score Now		Score Now		Score Now		Score Now		Final Score
	417	406	55 SC	Race in 60 (N)		Monster Jam		Bullrun		Race in 60		NASCAR
	416	409	144 GLF	(6:00) Soccer		La Liga 360		Gol TV News	Hallo	Paid Program	Toronto FC Game In and Hour	
family	552	543	25 YTV	That's-Weird	Family Biz	Malcolm-Mid.	Hates Chris	8 Rules	Family Biz	To Be Indie	Family Biz	Prank Patrol
	555	545	50 TEL	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of Hill	American Dad	Futurama	Chicken
	557	541	51 FAM	Sonny-Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Aaron Stone	That's-Raven
	553	546	58 TRE	Little Bear	Toopy	Max & Ruby	Dragon	Backyard	Ni Hao	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Frontiers of Construction		Myths and Heroes		Full Cover Girl (CC)		To See If I'm Smiling (CC)		Offspring
	575	583	20 CMT	Home Imp.	Home Imp.	Meet-Wilsons	Meet-Wilsons	Amer. Funniest Home Videos		Reba (CC)	Reba (CC)	According-Jim
	570	580	24 MM	Degrassi	Video on Trial	UR11		Pretty Little Liars "Pilot"		Styl'd		MuchMeg
	600	564	26 H&G	House	House	Holmes on Homes (CC)		Sarah's House	Genevieve	Design School (CC)		House
	615	520	61 A&E	Exterminator	Exterminator	Exterminator	Exterminator	Exterminator	Exterminator	Exterminator	Exterminator	Exterminator
	628	584	62 SPKE	Deadliest Warrior (N)		U.S. Navy: Pirate Hunters (N)		U.S. Navy: Pirate Hunters		CSI: Crime Scene Invstgtn.		Trek: Voyager
	521	560	64 TLC	Little Couple	Little Couple	Cake Boss (CC)		Happy Family	Happy Family	Little Couple	Little Couple	Mega Bites
	616	522	65 SHO	The Guard (CC)		Ties That Bind Accused of abuse. (CC)				Californication	Diary-Call Girl	Diary-Call Girl
	620	523	70 BVO	Spectacle: Elvis		Law & Order "Refuge" (CC)		Without a Trace (CC)		Little Voice ★★ (1998) Brenda Blethyn. (CC)		
	601	562	41 SLC	Wedding SOS	Wedding SOS	ET Canada	What	Housewives/OC		Housewives/NYC		Project Runway
	520	505	42 DIS	Deadliest Catch (N) (CC)		Daily Planet (CC)		Destroyed	Destroyed	Deadliest Catch (CC)		How It's Made
	522	506	44 HIS	Ancient Weather (CC)		Cities of the Underworld		Pawn Stars	Pawn Stars	MysteryQuest "Stonehenge"		Weather
	627	528	45 SPC	Defying Gravity (CC) (DVS)		Stargate SG-1 "Moebius"		Doctor Who "Dalek" (CC)		The Listener (CC) (DVS)		Defying Grav
	294	650	47 TBS	The Office	The Office	Lopez Tonight		Name Is Earl	Name Is Earl	Sex and-City	Sex and-City	Lopez Tonight
	619	525	48 TROP	Colin & Justin's Home Heist		Wife Swap (CC)		Wife Swap (CC)		Restaurant Makeover		Last 10
	603	561	52 FN	Chefs vs. City (CC)		Restaurant Makeover (CC)		Diner, Drive-In	Unwrapped	Dinner	Dinner	Chefs vs. City
	-	-	53 AMC	The Client	(:45) Fear ★★ (1996) Mark Wahlberg, Reese Witherspoon.				(:45) The Hunted ★★ (2003, Action) Tommy Lee Jones. (CC)			
	626	547	57 COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Conchords	Awesome	Daily Show
	320	621	60 CEN	(5:45) Pride and Glory ★★		Eating Buccaneers (2008) Shannon Beckner.		The Curious Case of Benjamin Button ★★★ (2008) (CC)				
	581	566	101 MTV	The Hills	After	MTV Live	Sex News	The City	The City	The Hills	After	MTV Live
	261	394	102 V	ideaCity	Med. Woman	Doc (CC) (DVS)		Mandela ★★★ (1996) Nelson Mandela rises to president of South Africa.				
	-	-	105 MUL	Wang Gui	Immortal	Il Caffe		In Germany	Euromaxx	Schauplatz	Euro. Journal	Patrol World

critics'corner

Deadliest Catch

This new episode is called "We're Not in Kansas Anymore," and they got that right. While the crew of the Northwestern fights exhaustion to keep up with the manic pace that Captain Sig has set, days of being bashed by ice have taken their toll on the entire fleet. This is definitely one of those episodes that will have most viewers feeling grateful that they don't have jobs like this. 7 PM on DIS



Glee

They came, they saw, they warbled, and now, as Fox's breakout hit musical dramedy wraps up its first season, Will (Matthew Morrison) and his glee club, New Directions, face off against their archrivals, Vocal Adrenaline, at what is sure to be a tense regional competition. Lea Michele, Corey Monteith, Jane Lynch and Chris Colfer also star. 6 PM on STR, 8:59 PM on FOX, 9 PM on GTV

Glee star working on solo album

MUSIC

Morrison

Matthew Morrison is taking a summer break from Glee, but not from music.

Morrison, who stars as earnest, upbeat glee club coach Will Schuester on the hit Fox series, planned to spend part of June in London working on his first solo CD.

"I'm writing all the music for it. It's me and a big orchestra behind me," Morrison said. He described his style on the album as a "dance heavy" cross between Michael Bublé and Justin Timberlake.

Glee wraps the season with tonight's finale, in which Schuester's New Directions club faces off against heavyweight rival Vocal Adrenaline at regional competition. Olivia Newton-John, Josh Groban, Idina Menzel and Jonathan Groff guest star.

So far, Morrison's hot record sales have been part of the Glee phenomenon, which has seen fans rush to download cast songs and snap up soundtracks.

THE ASSOCIATED PRESS

DVD picks

Shutter Island

Director: Martin Scorsese

MARTIN SCORSESE'S ELEPHANTINE exercise in B-movie badness takes his crazy love of cinema to ludicrous extremes, forsaking all logic for a chance to revel in the style of hard-boiled psychodramas and film noir from the '40s and '50s.

Scorsese and screenwriter Laeta Kalogridis treat the source novel by Dennis Lehane (who also wrote Mystic River) as deep philosophy about dark secrets rather than the page-turning pulp fiction it is.

We need wonder no longer why Shutter Island suddenly vanished off the awards season radar last fall, much like the missing nuthouse inhabitant who brings Leonardo DiCaprio's seasick gumshoe Teddy Daniels on a Quixotic quest to the titular isle.

It's a dark and stormy afternoon as the seasick U.S. Marshal Teddy Daniels (Leonardo DiCaprio) and his new sidekick Chuck Aule (Mark Ruffalo) arrive at the Ashecliffe Hospital for the Criminally Insane, the last resort for lost causes.

The hospital is run by the bow-tied and bespoke-dressed Dr. Cawley (Ben Kingsley), who is so tightly wound he chomps his pipe as if he's cracking skulls. He professes to be a man of compassion, offering care for the most maligned of society's cast-offs — most of whom are psychotic murderers.

As Daniels and Aule poke around the premises and interrogate unhelpful hospital staff and inmates, they discover that things are not what they seem — although they should seem pretty weird, what with everybody giving ominous stares and making spooky statements.

Fish Tank

Director: Andrea Arnold

NEWCOMER KATIE JARVIS excels in the role of Mia, a terse 15-year-old living in British council flat hell who is a study in repressed rage — at least until the arrival of her mother's new boyfriend.

The film has the contours of a coming-of-age saga, although it's not a conventional one. Andrea Arnold's follow-up to Red Road, her harrowing surveillance drama, further demonstrates the British writer/director's late-reveal style of filmmaking that's grounded in strong character development.

Mia lives with blousy mother Joanne (Kierston Wareing) and younger sister Tyler (Rebecca Griffiths) in a crowded public housing flat. She isn't attending school, and her problems with substance abuse and anger aren't being addressed.

She has a talent for dancing and a hunger to get better — but money and inspiration are in shorter supply than compassion and caring.

Then mom brings home new boyfriend Connor (Michael Fassbender), a hunk with a ready smile and a roving eye.

Mia finds herself both attracting and reciprocating feelings of desire. There will be a temptation to judge Fassbender's character, since Mia is a year younger than the British age of sexual consent.

But Connor isn't completely without conscience, as he shows in an interlude where he takes the entire family on a Sunday drive. He is as caught up in the moment as Mia is, and he lives in a neighborhood where rough justice is the only law that anybody knows.

Peter Howell/for Metro Canada

Elton's million-dollar Rush

Elton John belted out the tunes at right-wing commentator Rush Limbaugh's fourth marriage, reports people.com. Limbaugh married Kathryn Rogers on Saturday. The website reports John received $1 million for his performance. METRO NEWS SERVICES

Celebrity Buzz

Follow these celebrities on Twitter...

CelebTweets

DAVID ARCHULETA could use some assistance, **TILA TEQUILA** is looking for attention, **LINDSAY LOHAN** is finding new ways to overindulge and **ASHTON KUTCHER** is full of trivia knowledge.

@DavidArchie Phew, sometimes hauling around suitcases sure does give you a good workout.

@TilaOMG I told u guys i have multiple personalities. I fell asleep and just woke up with blood cuts everywhere! and everything is smashed

@lindsaylohan Tooooo many monster energy drinks!!!!!

@aplusk Little known fact: 2.2 million Americans play the accordian

METRO NEWS SERVICES

Sheen ready to plead guilty

CHARLIE GETS TO PLAY DURING PRISON TERM? Charlie Sheen has agreed to plead guilty to a misdemeanour assault charge in his domestic violence case and work at a Colorado theatre company during a 30-day jail sentence, his wife's attorney said yesterday.

In exchange, prosecutors would drop criminal mischief and felony menacing charges stemming from an argument Sheen had with his wife Brooke on Christmas Day at an Aspen home where they were on vacation, attorney Yale Galanter said.

The deal called for Sheen to serve a 30-day sentence and serve three months probation, Galanter said.

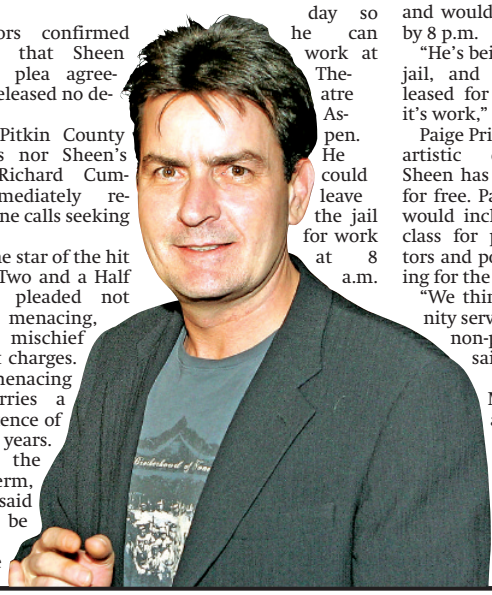
A judge must still approve the agreement. Sheen was expected to appear yesterday in an Aspen court.

Prosecutors confirmed last week that Sheen reached a plea agreement but released no details.

Neither Pitkin County prosecutors nor Sheen's attorney Richard Cummins immediately returned phone calls seeking comment.

Sheen, the star of the hit CBS show Two and a Half Men, has pleaded not guilty to menacing, criminal mischief and assault charges. The menacing charge carries a prison sentence of up to three years.

During the jail term, Galanter said Sheen will be released during the day so he can work at Theatre Aspen. He could leave the jail for work at 8 a.m. and would have to return by 8 p.m.



"He's being sentenced to jail, and he's being released for work, thereby, it's work," Galanter said.

Paige Price, the theatre's artistic director, said Sheen has agreed to work for free. Part of his duties would include teaching a class for professional actors and possible fundraising for the non-profit.

"We think it is community service in that it is a non-profit," Price said.

Brooke Mueller Sheen approved the deal, Galanter said. She previously asked prosecutors to drop the charges against Sheen but they refused, according to the lawyer.

He said prosecutors had offered a deferred sentence, whereby Sheen would plead guilty to a felony and charges would be dropped after two years, which is similar to the way other cases are resolved in Colorado.

Sheen has taken anger management classes and will present evidence showing he has completed a 36-hour course, Galanter said.

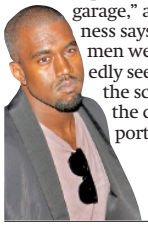
"They're both adults, and they have two beautiful babies together. I know they're working on it. I can tell you that no matter what happens, Charlie and Brooke will always be good friends," he said.

Sheen agreed last month to return to Two and a Half Men for two more seasons.

THE ASSOCIATED PRESS

Kanye's 'stolen' Porsche totalled

CRASHING COUSIN? Kanye West probably regrets allegedly agreeing to lend his cousin his Porsche, since the car ended up crashed into a home in Honolulu, according to Hollyscoop. "There was just a tremendous crash. ... I looked over and saw the car impaled in the garage," an eyewitness says. Three men were reportedly seen fleeing the scene, and the car was reported stolen.



METRO WORLD NEWS

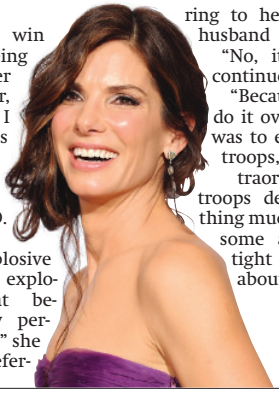
Bullock has a little fun on own expense

THERE'S A BRIGHT SIDE TO EVERY BOMB Sandra Bullock has finally broken her silence, and she used a pair of awards shows to do it.

While Bullock was expected at the MTV Movie Awards, where she accepted to MTV Generation award, she surprised audiences the night before when she accepted the Troops Choice award at the Spike TV Awards.

Bullock was even willing to poke fun at herself while accepting her award.

"Did I win this for being entertainer of the year, or did I win this because of the spectacular I.E.D. (improvised explosive device) explosion that became my personal life?" she said, referring to her split from husband Jesse James.



"No, it's OK," she continued.

"Because I would do it over again if it was to entertain our troops, and our extraordinary troops deserve something much more than some actress in a tight dress talking about herself."

METRO WORLD NEWS

Amy has love rival

... AND THE CLAWS ARE OUT Amy Winehouse may seem happy with director Travis Regg, the new man she's reportedly dating since meeting him at a pub a few weeks ago, but she's apparently not the only woman in Regg's life.

Regg has reportedly been dating a burlesque dancer named Raven Isis Holt, according to the Sun. The pair were even spotted dining together as recently as last week.

"Amy can't steal my man," Holt reportedly told a friend, according to the newspaper. "He's told me they are just friends and I believe him."

METRO WORLD NEWS

NOTICE OF INTENT

RE: LIQUOR CONTROL AND LICENSING ACT
LIQUOR PRIMARY (LP) LICENCE AMENDMENT

An application has been received by the Liquor Control and Licensing Branch from Darby D Dawes, a LP operating at 2001 MacDonald Street in Vancouver. The request is to expand the current patio capacity if 59 (an increase of 24 persons). The LP interior capacity is decreasing by 24 persons resulting in no net capacity increase at this establishment. Current patio hours of operation for this establishment are from 11:30 a.m. to 11:00 p.m. daily.

Residents and business owners located within a .8 kilometre (1/2 mile) radius of the proposed site may comment on this proposal by writing to:

THE GENERAL MANAGER
ATTENTION: LICENSING ANALYST
LIQUOR CONTROL AND LICENSING BRANCH
P.O. Box 9292
Stn Prov Govt
Victoria, BC
V8W 9J8

PETITIONS AND FORM LETTERS WILL NOT BE CONSIDERED.

To ensure the consideration of your views, your letter must be received on or before June 21, 2010. Your name(s) and address must be included.

Please note that your comments may be made available to the applicant or local government officials where disclosure is necessary to administer the licensing process.

Morissette, rapper tie knot

MARRIED, FINALLY Here's something you oughta know: Canadian pop star Alanis Morissette is off the market. A representative for the Ottawa native told The Canadian Press yesterday that Morissette has married singer and rapper Souleye. The couple tied the knot May 22, a little more than a week before her 36th birthday.

Morissette later confirmed the news on Facebook.

Morissette was previously engaged to Canadian actor Ryan Reynolds.

THE CANADIAN PRESS

Celeb Rehab host ready to apologize to Lohan

BUT WHERE IS LINDSAY? Dr. Drew Pinsky has been trying to make amends with Lindsay Lohan, but to no avail. The Celebrity Rehab host showed up the KROQ Weenie Roast concert in Los Angeles over the weekend in the hopes of running into Lohan, according to Us Weekly.

"I was going to reach out to her and say hi and apologize if indeed I caused her any distress; that was never my intention," he says, referring to his speculation two months ago about Lohan's drug use that angered the actress.

But Lohan was a no-show at the concert. Then, at the MTV Movie Awards, Lohan reportedly had her seat moved when she realized how close to Pinsky she'd originally been seated. METRO WORLD NEWS

Cops warn Tila over video scare

THE HORROR! THE FAKE HORROR! MTV reality star Tila Tequila received a stern warning after more than 70 police and emergency workers were dispatched to find her, prompted by a video posted to her blog showing a bloodied arm believed to be from suicide attempts.

"Tila assured police she was OK," a source says. "Tila was spoken to and advised that it was a stupid stunt."

METRO WORLD NEWS

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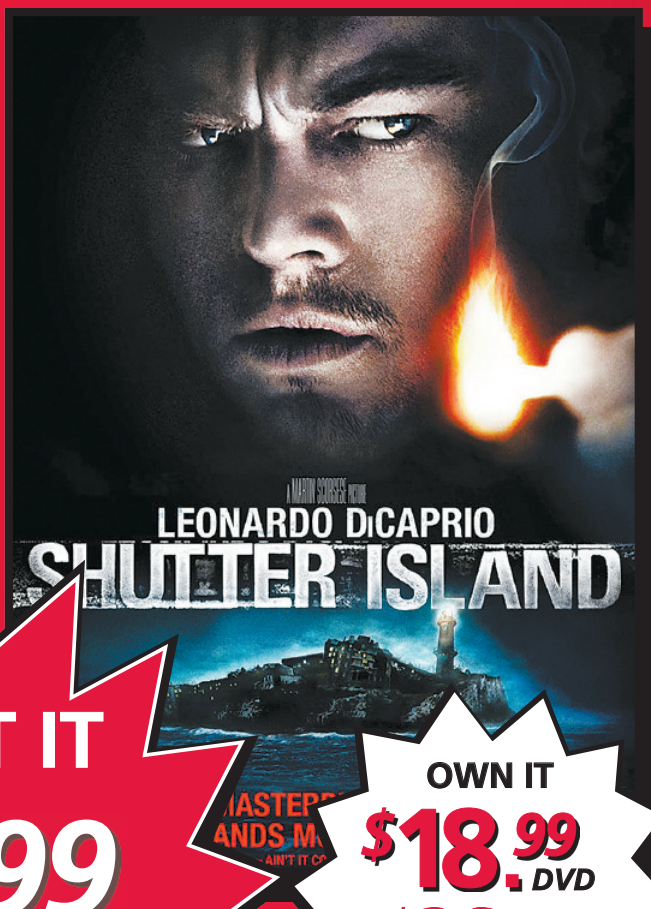

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Shutter Island

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The Weather Network
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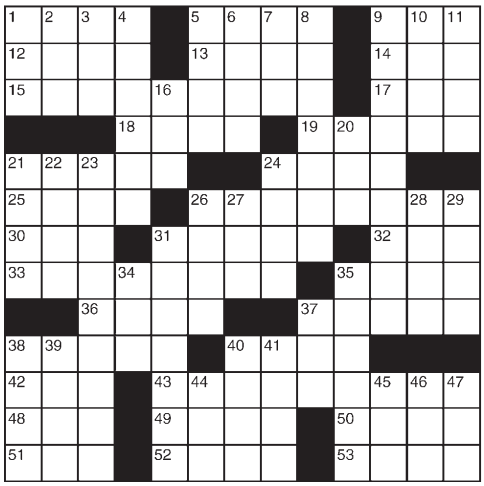
Today Variable 40% 17° / 12°
Wednesday Rain 70% 15° / 12°
Thursday Showers 16° / 12°

The Weather Network Download WeatherEye to your smartphone.

Take Five

For more delicious Metro recipes, visit: metronews.ca/food



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	4	9		2		1		
8								9
3		1		6				
5		8	2			9		
	9						3	
		6			3	2		8
				5		4		6
7								5
		3		7		8	1	

ACROSS

1 Shaft of light
5 Swordfight, e.g.
9 Skirt edge
12 Met melody
13 Con
14 Ended a fast
15 Measuring device
17 Trench
18 Encounter
19 Fisher or Cantor
21 Host
24 From the start
25 Bank transaction
26 Dark and threatening
30 Rail
31 Written in a secret language
32 Shad product
33 Human-like robots
35 Small plateau
36 Addition problems
37 Passenger
38 Yellow-brown color
40 Stereotypical techie
42 — constrictor
43 Anteaters
48 Rowing need
49 Haul behind
50 Profound
51 Wapiti
52 TV award
53 Singer Anita

DOWN

1 Chesapeake or Coos
2 Historic time
3 Atmosphere
4 AMC series set in the ad world
5 Appointment
6 One
7 And so on (Abbr.)
8 Compared (to)
9 Inborn
10 Needle case
11 Apportion
16 Witness
20 Aachen article
21 Portoferraio's isle
22 Complain
23 Crafty poker player, e.g.
24 Dumbfounds
26 "Family Guy" mom
27 Peculiar
28 Small winning margin
29 Paraphernalia
31 Pal
34 Regret
35 Gilbert and Sullivan operetta, with "The"
37 Gun the engine
38 Reed instrument
39 Shade of black
40 Fat measure
41 Tense
44 Branch
45 Roulette bet
46 Mauna —
47 Agent

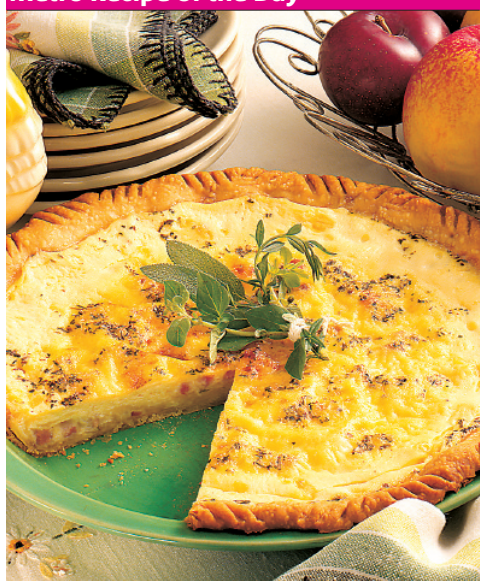
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

3	5	2	1	4	7	6	8	9
1	6	9	3	8	2	5	7	4
4	7	8	9	5	6	3	1	2
2	8	5	4	1	9	7	3	6
7	1	4	5	6	3	9	2	8
6	9	3	7	2	8	1	4	5
8	3	6	2	9	1	4	5	7
5	2	1	6	7	4	8	9	3
9	4	7	8	3	5	2	6	1

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day



Ham and Egg Pie

INGREDIENTS:

1 store-bought pie crust
1 1/2 cups shredded part-skim mozzarella or Swiss cheese
1/2 cup finely chopped cooked ham
2 tbsp all-purpose flour
1 1/2 cups low-fat 1% milk
2 large eggs
2 large egg whites
1/2 tsp dried basil
1/8 tsp black pepper

METHOD:

1. Preheat oven to 400°F (200°C). Line pie plate or quiche dish with pie crust; crimp edge. Line crust with foil and fill with dried beans. Bake 15 minutes or until light brown. Cool pie crust on rack 5 minutes; discard foil. (Save beans for future pastry baking.)

2. Meanwhile, in medium-size bowl, combine mozzarella cheese, ham, and flour. Spread in crust.

3. In same bowl, whisk milk, eggs, egg whites, basil and pepper. Pour mixture into crust. Cover edges of pie with foil. Bake 20 minutes; remove foil. Bake 15 minutes more or until centre is set.

SERVES 6

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton

sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
With Jupiter and Uranus aligned in your sign there is nothing you cannot do if you put your mind to it. Don't waste this opportunity.

TAURUS ♉
APRIL 21-MAY 21
Do something so out of the ordinary today. Because you are usually so predictable it can have a huge effect when you do things that are not expected.

GEMINI ♊
MAY 22-JUNE 21
You will make friends so easily today that it may get a bit tedious when everyone wants to get close to you. Be generous with your time.

CANCER ♋
JUNE 22-JULY 22
You have what it takes to move into a position of power, but you must believe in yourself if you want employers and authority figures to believe in you too.

LEO ♌
JULY 23-AUG 23
Opportunity will knock today and if you've got any sense you will say "Thank You Very Much" and grab what is being offered with both hands.

VIRGO ♍
AUG 24-SEPT 22
What you want and what you need may be different things but there is no reason at all why you can't have them both.

LIBRA ♎
SEPT 23-OCT 23
Whatever you are doing in the way of work or play over the next 24 hours you will be doing it in the glare of publicity.

SCORPIO ♏
OCT 24-NOV 22
Good news is on its way. It may not look good to begin with but if you give it time and if you think creatively you will find ways to further your ambitions.

SAGITTARIUS ♐
NOV 23-DEC 21
It does not matter in the slightest that one or two little things may be going wrong. What matters is that the outlook for you is excellent.

CAPRICORN ♑
DEC 22-JAN 20
A fractured relationship can easily be repaired today. If you make an effort you can get things back to how they were a few months ago. So make it.

AQUARIUS ♒
JAN 21-FEB 18
If you feel like doing something out of the ordinary, don't hold back. Today you can get away with almost anything. Think about it — then act.

PISCES ♓
FEB 19-MARCH 20
Important people are watching you closely and if they like what they see there could be a promotion for you very soon.

CHARITY FASHION SHOW & MODEL COMPETITION
ENCHANTED MIRACLE 3
MY RUNWAY. MY SHOW. MY MOMENT
AUDITIONS
JUNE 12 & 13, 2010
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CAPILANO ROOM
10AM - 5PM
enchantedmiracle@sfucsu.com | www.sfucsu.com/em | 778-892-0315
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This day in history

793: Vikings raid the abbey at Lindisfarne in Northumbria, commonly accepted as the beginning of the Scandinavian invasion of England.
1776 : American Revolutionary War: Battle of Trois-Rivières – American attackers are driven back at Trois-Rivières, Que.
1968: James Earl Ray is arrested for the murder of Martin Luther King, Jr.
1982: Falklands War: Up to 50 British servicemen are killed in an Argentine air attack on two supply ships - RFA Sir Galahad and RFA Sir Tristram.

METRO NEWS SERVICES

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Conditions apply. Ex: Vancouver. Package price is per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and/or HST and fuel supplements and are approximate and subject to change. BC REG: #HO2790

Introducing Optik TV.
You've never seen anything like it.

New Optik™ TV, powered by Microsoft® Mediaroom™, will forever change how you view home entertainment. With revolutionary new features, like PVR Anywhere, you'll get to watch what you want, when and where you want.

PVR Anywhere – only from TELUS

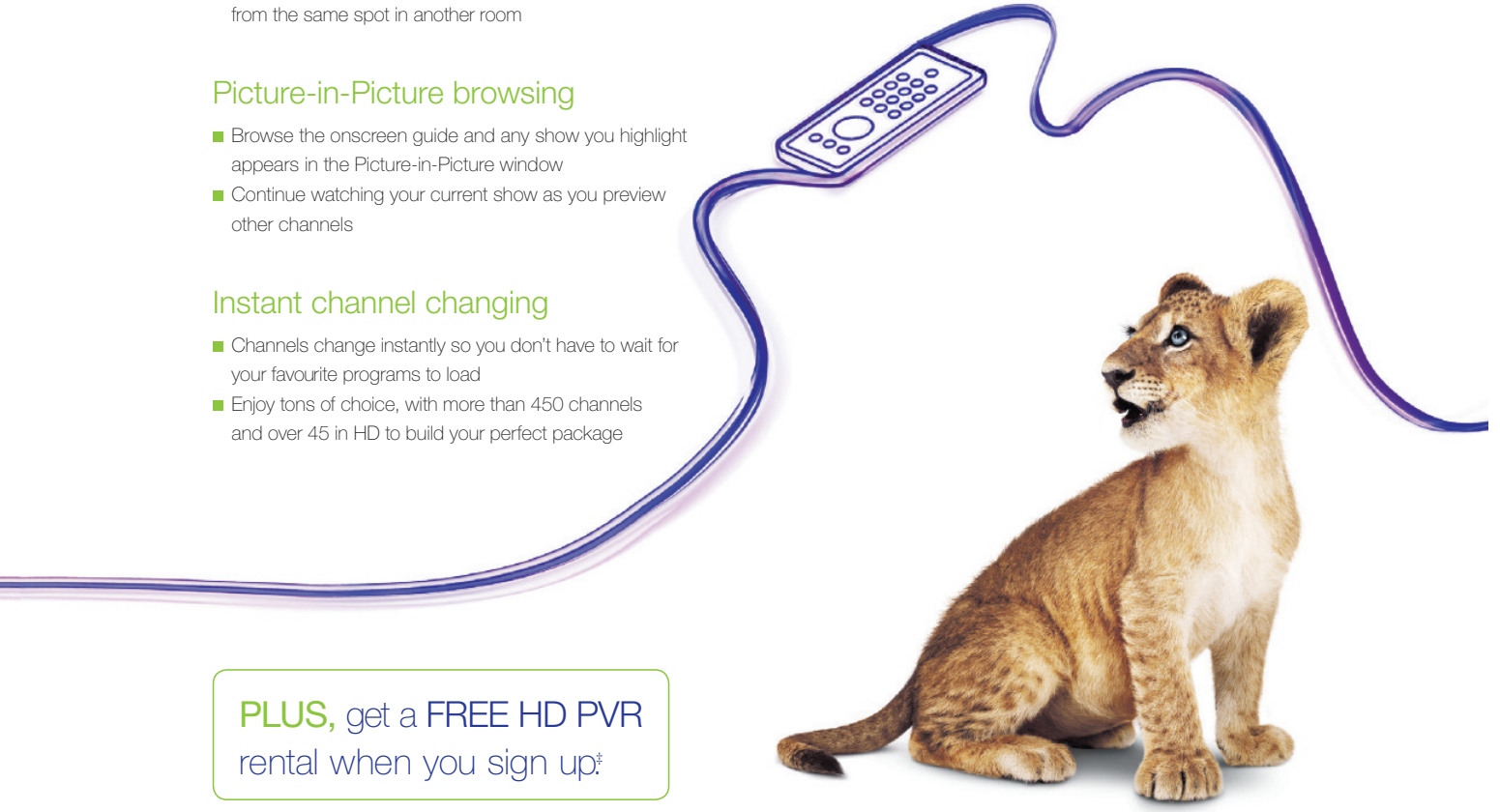
- 1 PVR is all you need – record and play back shows on any TV in your home with a digital box†
- Record up to 3 shows at once from any room – never miss a show again
- Pause a recorded program in one room and pick it up from the same spot in another room

Picture-in-Picture browsing

- Browse the onscreen guide and any show you highlight appears in the Picture-in-Picture window
- Continue watching your current show as you preview other channels

Instant channel changing

- Channels change instantly so you don't have to wait for your favourite programs to load
- Enjoy tons of choice, with more than 450 channels and over 45 in HD to build your perfect package



PLUS, get a **FREE HD PVR** rental when you sign up.‡

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*Fibre optics may service all or part of your network connection, depending on location. †PVR capabilities subject to and limited by applicable laws. Digital boxes charged separately. ‡Offer available on a 3 year Optik TV service agreement until August 3, 2010, to residential clients who have not subscribed within the past 90 days to TELUS TV service. TELUS Home Phone or High Speed Internet service required. TELUS, the TELUS logo, Optik and the future is friendly are trademarks of TELUS Corporation, used under licence. Microsoft and Mediaroom are trademarks of the Microsoft group of companies. © 2010 TELUS.